

# Health & Wellbeing Board

A meeting of Health & Wellbeing Board was held on Wednesday, 25th January, 2023.

**Present:** Cllr Robert Cook (Chair), Cllr Lisa Evans (Vice Chair), Cllr Ann McCoy, Cllr Steve Nelson, Cllr Sylvia Walmsley, Martin Gray, Fiona Adamson, Sarah Bowman - Abouna, Jon Carling, Dominic Gardner, Peter Smith

**Officers:** Emma Champley, Carol Malham, Gemma McDonald, Aishah Waithe, Antony Phillips, Judy Trainer

**Also in attendance:** Sarah Jones (Catalyst), Maxine Crutwell (TEWV), Kathryn Warnock, Alex Sinclair (ICB)

**Apologies:** Cllr Jacky Bright, Cllr Dan Fagan, Cllr Andrew Sherris, David Gallagher, Julie Gillon, Jonathan Slade, Ann Workman

## **HWB 45/22**      **Declarations of Interest**

Cllr Ann McCoy wished it to be recorded for transparency purposes only that she was the Stockton-on-Tees appointed Governor of TEWV and Chair of Stockton and District Advice and Information Service.

## **HWB 46/22**      **Minutes of the meeting held on 30 November 2022**

The minutes of the meeting held on 30 November 2022 were confirmed as a correct record.

## **HWB 47/22**      **Stockton-on-Tees BCF Adult Social Care Discharge Fund 2022/23**

The Board was presented with an update on the recent submission of the Adult Social Care Discharge Fund Templates. Stockton-on-Tees had received £1.4m towards schemes delivering interventions to enable the discharge of patients from hospital to the most appropriate location for ongoing care. The templates, set out as an appendix to the report, provided a description of the schemes and the impact on reducing delayed discharges.

Although recognising that Stockton was a high performing area for hospital discharge, Members welcomed the funding to further enhance and support the care home sector and paid tribute to the partnership working between the ICB and Local Authority on the schemes. In particular, support for mental health discharge, bringing forward the pay increase for care staff and support for fuel costs were highlighted and supported by the Board.

RESOLVED that the allocation of the Adult Social Care Discharge Fund for Stockton-on-Tees to support hospital discharge and expected activities from December 2022 to March 2023 be noted.

## **HWB 48/22**      **Mental Health Transformation Update**

The Board received a presentation providing an update on the progress of the Mental Health Transformation Project for Stockton-on-Tees.

The project aimed to enable organisations to work more closely together, thereby gaining a more rounded appreciation of the needs of individuals experiencing mental ill-health, to avoid duplication, and to extend the range of

services which were able to be provided for the client group.

The presentation outlined:

- The core aims of community transformation
- Community Transformation Vision:
  - o Integrated services delivering collaborative pathways which meet the needs of the local population
  - o Empowering individuals to choose and manage their own personalised recovery, as experts in their own mental health
- Work in Stockton:
  - o VCSE workshop on mental health issues
  - o Establishment of a mental health forum
  - o Establishment of Wellbeing Hub Project Manager
  - o Lived Experience Forum with direct reporting into the Integrated Mental Health Steering Group
- TEWV reconfigured teams and reconfiguration timescales
- Expected outcomes:
  - o Easier navigation for patients and staff, including Community Navigator post
  - o Holistic offer
  - o Improved staff recruitment, retention and wellbeing
  - o Earlier access to support/ guidance and interventions
- Recognition of work to date
- Future plans

Discussion and key points:-

- To date, a virtual hub had been established enabling colleagues from the Council, TEWV, Catalyst and others to meet weekly to consider the needs of individuals. Work was underway to identify premises for a physical hub in Stockton Town Centre to enable individuals to access and interact with service providers to be co-located in the hub. The Board discussed possible locations including potential premises in Dovecot Street and Wellington Square
- The new approach was seeking to build capacity to meet need in the Borough and make it easier for individuals to seek support and access services
- It was emphasised that the navigator role needed to refer individuals into support rather than merely signposting to services

RESOLVED that the progress of the Mental Health Transformation Project in establishing a well-being hub in the Borough be noted.

**HWB  
49/22**      **Physical Activity Steering Group**

The Board received an update on progress on the actions of the Physical Activity Steering Group. The Group had a broad membership across the Local Authority and the VCSE and continued to meet to progress the overarching aims of:

- Encourage active living to become the norm
- Develop and promote the use of the built environment
- Work with communities that need extra support to be more active

- Continue to invest in accessible, affordable, and inspirational sport and leisure facilities and events

The framework supported the delivery of the ICB Strategy “Better Health and Wellbeing for All”.

The current plan had a 10-year lifespan and the Steering Group intended to change its format to foster more collaboration. The Group would be focusing on and prioritising opportunities and reviewing the outcomes and indicators to measure the impact of the work.

The Board received a presentation on the Healthy Streets pilot project. The project sought to improve the physical and mental wellbeing of residents and reduce health inequalities in some of the most deprived areas of Stockton by improving streets and spaces to make them more welcoming and user friendly.

The project would be managed by Place Development and have a multi-disciplinary working group including Public Health, Place Development and Highways.

The presentation outlined the ethos of the project and the project strategy which included the following:

- Urban design/ spatial analysis to identify streets and spaces for interventions
- Undertake community consultation in the pilot areas to understand the physical and psychological barriers to physical activity within the locality
- Develop a pipeline of costed placemaking interventions within the pilot areas
- Identify potential funding opportunities to deliver the identified interventions to maximise project potential
- Evaluate pilots utilising university researchers to implement a borough wide healthy streets and healthy spaces strategy

Project development and community consultation would be undertaken during spring 2023 with interventions being implemented in 2023/24 followed by evaluation by university researchers during and following the project up to 2025. The pilots would be conducted in Hardwick and Salters Lane and Newtown wards.

Discussion and key points:-

- Hardwick and Salters Lane and Newtown wards had been identified as the pilot wards because they were in the most deprived wards of the Borough, however, learning from the pilots would help to build a local evidence base in order to inform a borough wide strategy
- It was also important to understand how learning would be applied to other communities’ needs recognising that inequality was wider than deprivation alone
- Consideration needed to be given to how success would be measured; it was recognised that there would be “softer” outcomes including positive community feedback
- A range of methods was essential for effective community consultation
- Spaces for children and young people was also an important element to be incorporated.

- Ongoing upkeep and maintenance would also need to be considered.

#### RESOLVED

- (1) That the progress achieved by the Physical Activity Steering Group be noted.
- (2) That the presentation on Healthy Streets be noted.
- (3) That the development of the Steering Group as set out in the report be supported and approved.

#### **HWB 50/22 Tobacco Alliance Update**

The Board was provided with an update on the reinstated Tobacco Control Alliance which reported to the Board and provided local strategic oversight of work to address tobacco across partners. The report outlined national context and targets together with local data and action.

Pre-pandemic, a local Tobacco Control Alliance had been in place in Stockton-on-Tees but had been stood down during the height of the pandemic due to Covid management pressures. The Alliance had now held an inaugural meeting in November 2022 and had agreed to work together to lead, co-ordinate, provide supportive challenge and prioritise local approaches to tobacco control.

The Alliance had agreed to start with a focus on smoking in pregnancy and also develop its approach to outcomes monitoring to capture impact of activity across the system, informing the evolving action plan.

Discussion and key points:-

- A whole systems approach to tobacco control needed to be pursued locally in line with the evidence base
- The Board asked for the Alliance to give early consideration on its programme to reducing the uptake of vaping. Concerns raised included:
  - o Potentially misleading messages that vaping is a safe alternative to smoking
  - o Weaker controls on the advertising and sale of E-cigarettes and marketing to children and young people
  - o Lack of research into the long-term effects of vaping
  - o Evidence of non-smokers taking up vaping

#### RESOLVED

- (1) That the report be noted and the approach proposed by the Alliance be supported.
- (2) That a further update be provided to the Board in relation to actions, smoking in pregnancy, vaping and outcomes monitoring.

#### **HWB Health Protection Collaborative Update**

51/22

The Board received a presentation on Winter Health outlining:

- System pressures
- Covid and flu – current position
- Vaccination Uptake
- Step A and Scarlet Fever

Discussion and key points:

- Additional capacity had been put in place to deal with Strep A and was continuing at present
- Clinically vulnerable patients were being targeted for immunisation through personal letters and direct calls from GPs
- Covid prevalence was not based on individual reporting but was based on national testing surveys
- Similar to the Covid vaccine, having the flu vaccine could reduce the prevalence and severity of flu symptoms. Different strains of the virus did impact on the effectiveness of the vaccine

RESOLVED that, in future, holistic health protection updates be presented to the Board including screening and immunisation take-up, in line with the remit and discussions at Health Protection Collaborative.

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52/22**

### **Members' Updates**

ICS funding has been secured to address health inequalities. Plans were embryonic but would examine inequalities in vaccine take up, with a focus on perceptions and take up at secondary stage and health inequalities for people with multiple complex needs. A further update would be presented to the Board.

The refreshed Domestic Abuse Strategy was due to be launched on 1 February.

A menopause café was being established at Remember Me Tea Rooms using a peer support model.

Leaders were progressing arrangements for the local ICP.

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### **Forward Plan**

The Board noted the Forward Plan.

The Health and Wellbeing Strategy refresh would be presented to a future meeting of the Board.